



**Domestic violence  
affects men too**

**Talk it over**

**Not sure what to do?  
Call the Men's Advice Line  
and talk it over.**

**0808 801 0327**

**(Free from landlines and mobile phones)**

Call freephone

**0808 801 0327**

(Free from landlines and mobile phones)



Men's Advice Line

Or email

[info@mensadvice.org.uk](mailto:info@mensadvice.org.uk)

[www.mensadvice.org.uk](http://www.mensadvice.org.uk)

Calls are confidential. We do not use technology to identify callers, listening-in or call recording equipment. Calls may be monitored for quality and training purposes.

Visit [www.mensadvice.org.uk](http://www.mensadvice.org.uk) for more info.

We are open

**Monday-Friday 10am to 1pm and 2pm to 5pm**

We also offer a limited number of telephone appointments outside our standard opening hours. Call or email us for more information and to book.



If English is not your first language, call us and ask for an interpreter

**Text Relay**

