



**Domestic violence  
affects men too**

**Talk it over**

**Not sure what to do?  
Call the Men's Advice Line  
and talk it over.**

**0808 801 0327**

Calls to this helpline are free from landlines  
and mobile phones within the UK and  
do not appear on itemised bills

Call freephone

**0808 801 0327**

Calls to this helpline are free from landlines and mobile phones within the UK and do not appear on itemised bills

or email

**info@mensadviceline.org.uk**

**www.mensadviceline.org.uk**

Calls are confidential. We do not use technology to identify callers or call recording equipment. Calls may be monitored for quality and training purposes.

Visit [www.mensadviceline.org.uk](http://www.mensadviceline.org.uk) for more info.

If English is not your first language, call us and ask for an interpreter

**Text Relay**



Men's Advice Line



**MEMBER**

